

**AGING & DISABILITY RESOURCE CENTER OF CENTRAL WISCONSIN  
ADVISORY COMMITTEE MEETING**

**March 27, 2024  
10:00 - 12:00 Noon**

Mission: The Aging and Disability Resource of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

We encourage individuals to attend this meeting **in person or call in via video and/or teleconference**. You may participate in the meeting at any of the the ADRC-CW offices or by using the following:

Join via Google Meet by clicking on this link: <https://meet.google.com/qak-smtb-evh>

Join via phone by calling: 1 304-804-7097 when asked, enter the following PIN: 915 246 679#  
**Anyone wanting to participate via video or phone is welcome to join.**

If you are joining by phone or computer, **PLEASE PUT YOUR PHONE or COMPUTER MICROPHONE ON MUTE!** Use \*6 (star 6) to put phones on mute or take phones off mute.

\*This meeting will be recorded

**AGENDA**

1. Call to Order
2. Public Comments
3. Approval of Minutes from January 24, 2024
4. Update on Advisory Committee: James Torgerson has decided to step down from the ADRC-CW Advisory Committee. Best wishes to James and thank you! Advisory Committee Openings: Lincoln County (1) and Langlade County (1)
5. Advocacy Days Updates::
  - a. [Alzheimer's Advocacy Day](#): February 20, 2024 (update from Erin Wells)
  - b. [Disability Advocacy Day](#): March 20, 2024 (update from Kevin Stelman)  
<http://www.survivalcoalitionwi.org/index.php/events/>
  - c. [Aging Advocacy Day](#): Tuesday May 14, 2024 in Madison (Wisconsin Aging Advocacy Network): Registration is open until April 29: [gwaar.org](http://gwaar.org)
6. Aging Plan: 2025-2027 Aging Plan Timeline
  - a. January- May 2024: Gather preliminary ideas and input from the public
  - b. Developing targeted questions on our key program areas
  - c. Will interview individuals 60+

7. Nutrition Program Overview and Brainstorming (Ronda James and Barb Hartwig)
8. AFCSP/NFCSP Overview and Brainstorming (Kacie Niemuth)
9. Mini Grants (IIId ARPA): Available for evidenced based fall prevention programs. Applications due March 27.
10. Upcoming Events to share:
  - a. Powerful Tools for Caregivers (Six weeks): Registration is required.
    - i. Antigo: Senior Center of Langlade County from April 10-May 15, 2024 from 1:00-2:45 pm.
    - ii. Wausau: ADRC-CW office: April 18-May 23, 2024 from 4:00- 5:45 pm
  - b. Topic Tuesdays: Registration Required
    - i. Merrill: Dementia Basics April 16 from 3:00- 4:00 pm and Brain Health Basics April 23 from 3:00-4:00 pm
    - ii. Marshfield: Dementia Basics: April 16 from 3:00- 4:00 pm and Brain Health Basics April 23 from 3:00-4:00 pm
  - c. Stepping On: 7 week class: Registration is required.
    - i. Wisconsin Rapids: YMCA: April 5- May 17, 2024 from 9:30-11:30 am
    - ii. Wausau: The Landing: April 18- May 30, 2024 from 1:00-3:00 pm
    - iii. Wausau: SAFER Fire Department: April 30- June 11, 2024 from 9:30-11:30 am
    - iv. Spencer: St. John's Lutheran Church: May 6- June 24, 2024 from 9:30-11:30 am
11. Operations Reports and Board Meeting Minutes
  - a. January: Minutes
  - b. February: Minutes and Operations Report
  - c. March: Operations Report
12. Agenda items for next meeting
13. Next Meeting: May 22, 2024
14. Adjournment

Any person planning to attend this meeting who needs some type of special accommodation in order to participate should call the County Clerk's Office at 715-261-1500 or e-mail [infomarathon@mail.co.marathon.wi.us](mailto:infomarathon@mail.co.marathon.wi.us) one business day before the meeting.

EMAILED TO: Antigo Daily Journal,  
Marshfield News Herald, Merrill Foto  
News, Wausau Daily Herald,  
Wisconsin Rapid Tribune  
Date: 3/21/24 Time: 1:00 AM/PM  
By: Holly Thompson

THIS NOTICE POSTED AT THE  
COURTHOUSE  
Date \_\_\_\_\_ Time \_\_\_\_\_ AM  
By \_\_\_\_\_